



## RWA School bake sales guidelines

- RWA is a **nut free zone**
- Food should not contain pork products
- Consider healthy options: Muffins (carrots, apple, and banana) cakes (minimum icing) banana bread, cereal squares, pan cakes or crepes, oatmeal/raisin cookies, fresh fruit kebabs, fresh cut veggies.
- Foods high in sugar and fat are not recommended (like donuts, candies, chips..)
- All foods at a bake sale must be individually wrapped (if possible) and labelled.
- **Ingredients must be clearly marked on the packaging.**
- Individuals conducting the baking must thoroughly wash their hands before handling food.
- Clean dispensing utensils (tongs, napkins, etc.) must be used to serve food. Clean supplies like napkins and utensils must be provided.
- Food must be displayed and stored off the floor and must be covered at all times.
- Food must be transported in a covered, dust-proof container.
- Respecting temperature control/ cold chain (cold foods to serve cold and hot foods to serve hot)

*RWA Health Office*